

ClubRunner

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[NOVA] How do I compose and send an email?

Ryan A. - 2026-06-04 - [Communication](#)

ClubRunner has a built-in email feature that allows you to email fellow members and non-members. Their email addresses are stored in ClubRunner so you do not have to know them.

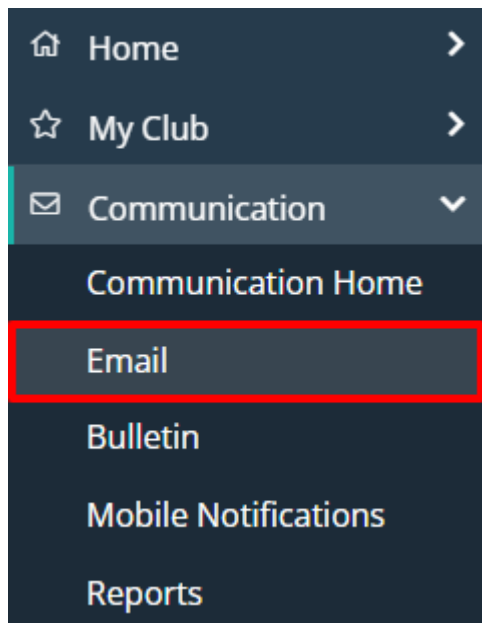
You can access the Email Message Center from your club's home page. Here you can compose emails and view the emails you have sent.

Note

The Email Message Center does not act as an inbox. To view messages you have received, you must access your personal email.

There is an limit of 500 past emails that will appear in the Communication area.

1. To access Email Services, please log in to your club's website, and click on **Member Area** at the top right corner of the home page. For more information on how to log in, please read the article called: [How do I log in?](#)
2. After you enter your login name and password it will return you back to the Club's homepage. Click **Communication** using the navigation menu on the left hand side, then click on **Email**.



3. You are now on the Club Communication screen. Here, you can compose emails and view emails you may have sent.

Club Communication

To modify or resend a message to the same recipients, click the Resend option. Use the Copy option to copy the email with the selected recipients.

[Show All Emails](#) [Show My Emails Only](#) [Recent Active Emails](#) [Compose new message](#)

Search

STATUS	SUBJECT	OWNER	ACTIONS
<input type="checkbox"/> Draft	Explore Your New Member Area	Aaron Aaronsons	
<input type="checkbox"/> Draft	Join Us in Making a Life-Saving Difference!	Aaron Aaronsons	
<input type="checkbox"/> Draft	Test	Aaron Aaronsons	
<input type="checkbox"/> Draft	Welcome new members!	Aaron Aaronsons	
<input type="checkbox"/> Draft	Thank you for speaking	Aaron Aaronsons	
<input type="checkbox"/> Draft	Meeting reminder	Aaron Aaronsons	
<input type="checkbox"/> Draft	Meeting reminder	Aaron Aaronsons	
<input type="checkbox"/> Sent on Jul. 28, 2025 at 1:38 p.m.	Nick names appearing?	Aaron Aaronsons	
<input type="checkbox"/> Sent on Jul. 28, 2025 at 1:34 p.m.	Email - Nickname or not	Aaron Aaronsons	
<input type="checkbox"/> Sent on Jul. 28, 2025 at 1:30 p.m.	Meeting reminder	Aaron Aaronsons	

- Click on **Compose new message** as shown above. You will now be on the Create Email page, where you can compose a message to your fellow club members or non-member friends and contacts in the club database.

Create Email

[Give Feedback](#) [Save and Exit](#) [Send to Myself](#) [Send](#)

Subject

Body

HTML Version | Text Version | [Generate with AI](#)

Attachments
Upload attachments to your email.
[Select Files For Upload](#) | Maximum 15.00 MB per file | Total attachment size: 0 bytes/15.00 MB

Email Settings

Recipients | Options | Templates | Fields

Recipient Lists

Select lists of members and contacts to receive this email.
[Add Recipient Lists](#)

Individuals

Add specific members or contacts to receive this email.
[Add Individuals](#)

Exclusion Lists

- Now, write the subject of your email in the space provided.

Subject

Body

HTML Version | Text Version | [Generate with AI](#)

Attachments
Upload attachments to your email.
[Select Files For Upload](#) | Maximum 15.00 MB per file | Total attachment size: 0 bytes/15.00 MB

Email Settings

Recipients | Options | Templates | Fields

Recipient Lists

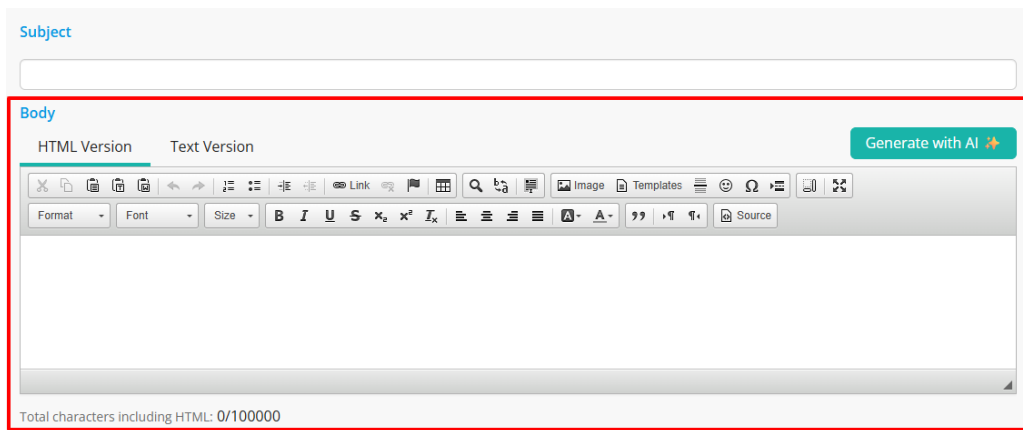
Select lists of members and contacts to receive this email.
[Add Recipient Lists](#)

Individuals

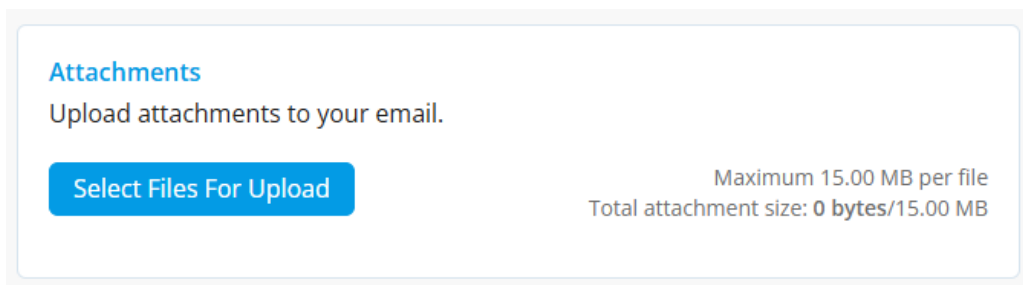
Add specific members or contacts to receive this email.
[Add Individuals](#)

Exclusion Lists

- Compose your message. You can use the toolbar buttons above the writing field to edit your fonts and text style, and to add images and links.



7. You now have the option to add a file attachment to the email. This could include photos or documents relevant to the email. To add a file, click **Select Files for Upload**. You can then choose files from your computer. The files cannot be larger than 15 MB in total.



Note

Did you know that you can use our built-in email AI assistant to help generate content for your emails?

For guidance on using the email AI assistant, refer to our help article: [How do I generate content using the email AI assistant?](#)

8. In the “Email Settings” area, there are four sections: Recipients, Options, Templates, and Fields.

The first step is to set who will receive the email by going to the **Recipients** section. The options available for you are the Smart Lists, Individuals, and Exclusion Lists.

Email Settings

Recipients

Options

Templates

Fields

Recipient Lists



Select lists of members and contacts to receive this email.

Add Recipient Lists

Individuals



Add specific members or contacts to receive this email.

Add Individuals

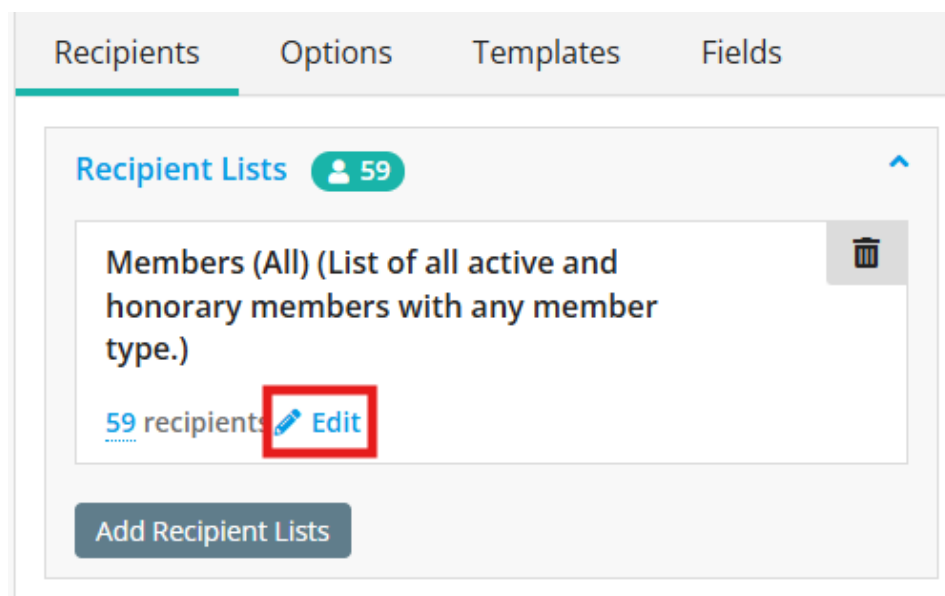
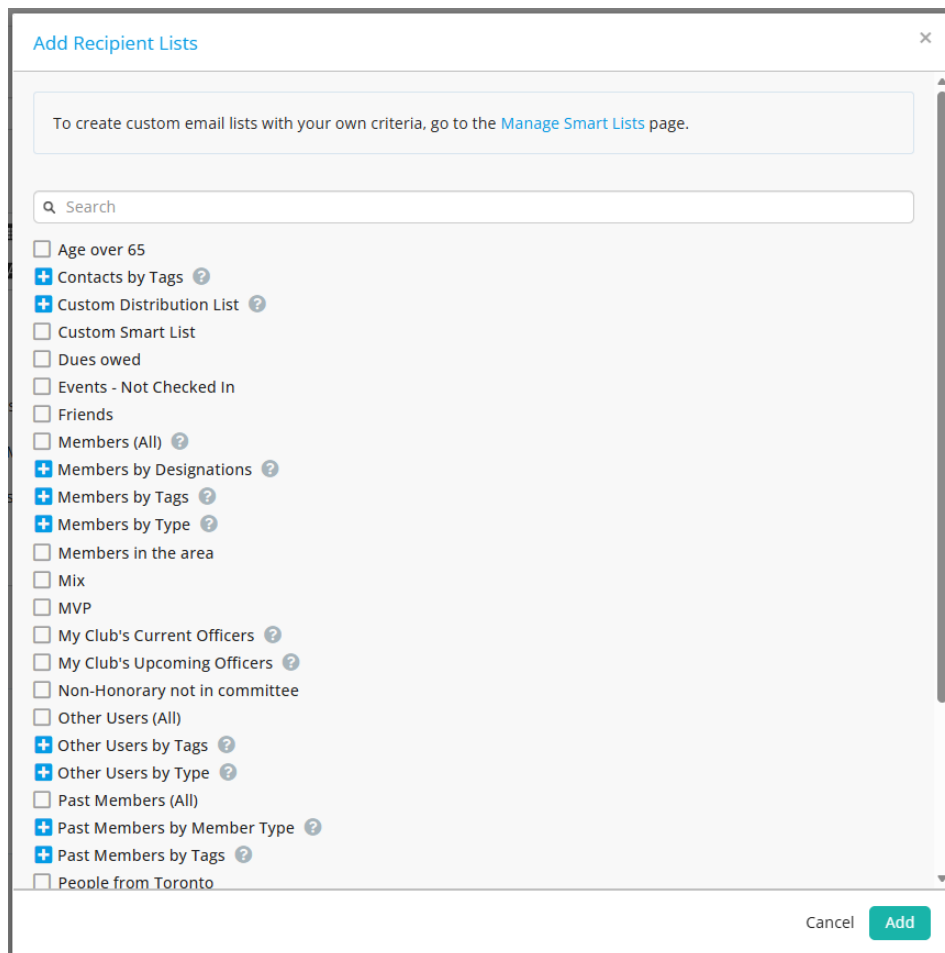
Exclusion Lists



Select lists of members and contacts to prevent them from receiving this email.

Add Exclusion Lists

- Smart List: Smart lists generate a list of recipients based on criteria when the email is sent. Once you've added a Smart List, you may click the **Edit** button to view and further edit the recipients in that list.



- Individuals: You can also select individual recipients of emails instead of a whole list of members. You can search for a specific member's name or email address in the Records field. You can also edit the Recipient field here as well.

The image shows a dialog box titled "Add Individual(s)". It has a search bar under "Records" and a dropdown menu under "Recipient Profiles". The "Save" button is highlighted in green.

- Exclusions: This option allows you to use Smart Lists to generate lists of contacts that will be excluded from this email communication. You have the same options as using "Add Smart List(s)", but will be selecting members and contacts that will not be receiving your composed email.

9. The next step is the **Options** tab under "Email Settings". Under the Options tab, you have the following options:

Email Settings

Recipients

Options

Templates

Fields

Sender Information

Sender Profile Me Custom

Send From

Aaron Aaronsons

aaron@sink.sendgrid.net

Reply To

Aaron Aaronsons

aaron@sink.sendgrid.net

Email Options

Include link to list of recipients ?

Send me a copy of this email

Enable link click tracking ?

Preview Text ?

Send Now or Later?

You can send the email right now, or click on schedule to choose when you would like to send it.

Send right now

Schedule

○ Sender Information:

- Sender Profile: You can send an email to be sent out from a specific Sender profile in this stage. You can add custom Sender profiles using "Add Sender Profile" or edit a previously-created one using "Manage Profiles".
- Me: The email would show your first name and email as the Sender.

- Custom: You can add a Name and Email for a Sender who you may not want to create a custom Sender Profile for.
 - Email Options:
 - Include link to list of recipients: A link to view the list of recipients will be included in the footer of the email.
 - Send me a copy of this email: When the email is sent, you will also receive a copy of the sent email.
 - Enable link tracking: When enabled, the total number each link is clicked will be recorded. This will be viewable on the email statistics page.
 - Preview Text: Text snippet that may be displayed in the recipient's inbox after the subject line.
 - Send Now or Later: You can send the email right now, or click on schedule to choose when you would like to send it.
10. Next is Templates, which you can use to insert any previously created email templates into the body of the email.

The screenshot shows the 'Email Settings' interface with the 'Templates' tab selected. Below the navigation tabs, there is an 'Insert Template' section with a search bar and a 'Manage Templates' button. Underneath, a section titled 'Club Email Templates' lists three templates: 'External Notification | Happy Anniversary', 'External Notification | Happy Birthday', and 'External Notification | Happy Club Anniversary'. Each template has a 'View' button next to it.

Club Email Templates	
External Notification Happy Anniversary	View
External Notification Happy Birthday	View
External Notification Happy Club Anniversary	View

11. Lastly you can use the Fields section to add dynamic fields that populate in your email.

Email Settings

Recipients

Options

Templates

Fields

Recipient Merge Fields

If the recipient does not have an assigned member, these merge fields will show as blank when sent.

For help using merge fields, refer to the [help article](#).

Persons

First Name



Insert

Sender Merge Fields

For help using merge fields, refer to the [help article](#).

Sender ?

Email Signature



Insert

Account ?

Account Full Name



Insert

As an example, using the Fields section, select "First Name" from the Persons dropdown and click the **Insert** button at the appropriate point in your email. This adds a piece of code, which tells ClubRunner to insert the member's first name from your club database when the email is sent. The person who receives your email will see their name, not the code.

12. Once all the fields in the email have been set, you will see the **Send** button go from grey to blue. You'll then be able to send the email by clicking that button. There are 5 fields that need to be filled in order for the email to be sent:

Give Feedback

Save and Exit

Send to Myself

Send



- ✔ Subject provided
- ✔ Body provided
- ✔ Body within limit
- Sender missing (under Options)
- ✔ Recipients provided

- Subject provided?
- Body provided?
- Body within limit (Meaning character limit)?

- Sender field
- Recipients provided
- If any of the fields above are not completed, you'll see a message similar to the above. It will clearly indicate to you what fields are missing in the email and are required. In the case above, we haven't selected a Sender Profile.

13. Once you select **Send**, a window will appear with final instructions confirming the subject line, as well as providing an email summary so you can review the email before sending it.

The screenshot shows a 'Send Email' dialog box with a subject line 'Attention Members'. Below the subject line is an 'EMAIL SUMMARY' section with the following details:

Selected Recipients	46
This total may include duplicates that will be filtered out. The final count will be available on the stats page.	
Excluded Recipients	0
Send From	Aaron Aaronsons aaron@sink.sendgrid.net
Reply To	Aaron Aaronsons aaron@sink.sendgrid.net
Attachments	0 0 bytes/15.00 MB

At the bottom of the dialog box are 'Cancel' and 'Send' buttons.

14. After clicking **Send** to finalize sending the email, you will be taken to a "You're Done!" screen, which is the confirmation the email was sent successfully.

The 'You're done!' screen features a green checkmark icon and the text 'You're done!' followed by 'Take a look below to see what to do next.' Below this are four action cards:

- Email Message Centre**: To continue managing your emails, return to the Email Message Center. [Return To Email Center →](#)
- Send Another Email**: Create a new email campaign to send it to your members. [Send another email →](#)
- Email Statistics**: See which of your members have received this email. [View Email Statistics →](#)
- Give Your Feedback**: We would love to hear what you think about our Email Message Center. [Give Feedback →](#)